

SUSTAINABILITY

YOUTH

INNOVATION

TABADOL BOOKLET

PARTNERSHIP

SOLUTIONS

MENTORSHIP

TABLE OF CONTENTS

A group of approximately 15 people, mostly women, are shown from the chest up. They are all wearing face masks and making peace signs with their hands. They are arranged in a group, with some in the foreground and others in the background. The image is overlaid on a teal background.

- 01** WHAT IS TABADOL
- 02** KEY FEATURES OF TABADOL
- 03** TABADOL PILLARS
- 08** TABADOL ARCHTYPES
- 10** PEOPLE OF TABADOL: CHAMPIONS OF CHANGE
- 14** FEATURED CASES
- 21** GEOGRAPHICAL IMPACT

WHAT IS TABADOL?

Tabadol is an innovative program designed to empower civil society organizations (CSOs) and social entrepreneurs across the Levant region. It provides a platform for exchanging ideas, best practices, and collaboration, fostering the development of sustainable innovations. By bridging the gap between entrepreneurship's theoretical frameworks and civil society's practical, long-term expertise, Tabadol enhances participants' innovative capacities and strengthens their organizational sustainability.



The program, launched by The Asfari Foundation in partnership with Makesense Lebanon, equips local CSOs with the tools and resources they need to thrive. By fostering collaboration between social entrepreneurs and CSOs, Tabadol helps implement creative solutions to societal challenges while promoting environmental, social, and economic sustainability. This holistic approach enables participants to scale their impact and achieve transformational, long-term change within their communities.

This booklet highlights the transformative work achieved through the Tabadol program. It showcases the innovative solutions created through partnerships between CSOs and social entrepreneurs and tells the human stories behind these initiatives. Through sharing these stories, the booklet aims to inspire others and demonstrate how exchange, collaboration, and sustainability can drive positive social impact.



KEY FEATURES OF TABADOL:

02

FEATURES

- **Financial support** for entrepreneurs and CSOs to help scale their efforts and sustain operations.
- **Mentorship** from experienced professionals who guide participants and provide practical advice.
- **Tailored training workshops** that address the specific needs of emerging social entrepreneurs, providing them with the skills and tools to succeed.
- **Networking opportunities** to facilitate collaboration, fostering partnerships and the exchange of ideas across sectors.
- **Capacity-building** opportunities aimed at increasing resilience, adaptability, and innovation within organizations.



TABADOL PILLARS

At the heart of Tabadol are several key themes that shape the program's projects and outcomes. These themes—Sustainability, Innovation, and Youth Empowerment—are not just ideals but practical frameworks that guide the work of participants, ensuring that the solutions developed are impactful, sustainable, and scalable. These core themes, along with Exchange, Partnerships, Creativity, and Impact, drive Tabadol's mission and vision, helping civil society organizations (CSOs) and social entrepreneurs create meaningful, long-term change in the Levant region.

- 1 SUSTAINABILITY**
- 2 INNOVATION**
- 3 YOUTH EMPOWERMENT**



Through these key themes—Sustainability, Innovation, and Youth Empowerment—Tabadol enables participants to create solutions that address not only immediate needs but also build stronger, more resilient communities. By focusing on exchange, collaboration, and impact, Tabadol equips CSOs and social entrepreneurs with the tools and frameworks needed to lead transformative efforts in the Levant region, ensuring long-term social, economic, and environmental progress.

SUSTAINABILITY

1

WHAT

Sustainability in the context of Tabadol means developing solutions that generate lasting social, economic, and environmental benefits. It involves practices and approaches that help organizations and communities thrive long term, reducing reliance on temporary funding or short-term fixes.

2

WHY

In a region often affected by political instability, economic uncertainty, and environmental challenges, sustainability is critical for CSOs and social enterprises to continue their work. Sustainable models enable organizations to operate independently and consistently, ensuring their impact endures even in the face of shifting circumstances or reduced funding.

3

HOW

Tabadol fosters sustainability by offering financial support, capacity-building opportunities, and innovative frameworks that help CSOs create self-sustaining models. Participants are encouraged to develop income-generating initiatives, adopt eco-friendly practices, and integrate long-term strategies into their operations. These efforts ensure their ability to maintain and scale their impact over time. innovative solutions. It recognizes the potential of young people to bring fresh perspectives, energy, and creativity to solving societal challenges.

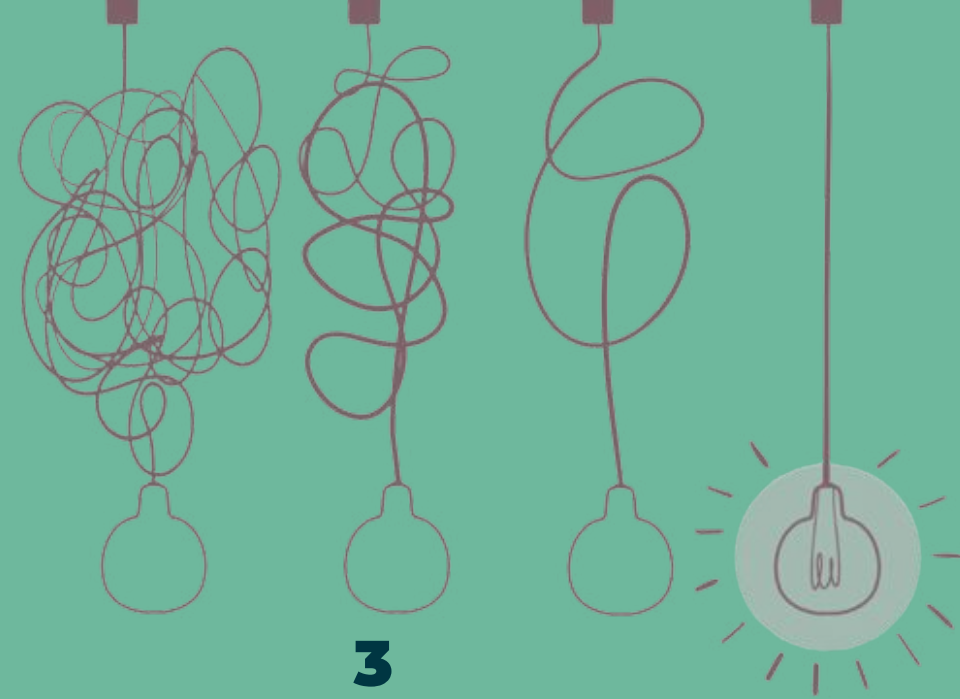


INNOVATION

1

2

3



WHAT

Innovation in Tabadol refers to the creation of new ideas, technologies, and processes that solve societal challenges in creative and effective ways. It focuses on novel approaches that address unmet needs or improve existing systems in significant ways.

WHY

Innovation is essential in addressing the complex and evolving challenges faced by communities in the Levant. From economic hardships to environmental degradation and social inequality, new approaches and solutions are necessary to create lasting, transformative change.

HOW

Through mentorship, training, and access to a network of peers and experts, Tabadol provides participants with the tools and support to experiment with and refine new ideas. The program encourages participants to think outside the box and create solutions that can be scaled to meet broader societal needs. Whether it's assistive technology for individuals with disabilities or digital platforms supporting small businesses, Tabadol fosters a culture of creativity and innovation.

05.

YOUTH EMPOWERMENT

1

WHAT

Youth empowerment in Tabadol involves actively engaging young people in leadership roles, decision-making processes, and the development of innovative solutions. It recognizes the potential of young people to bring fresh perspectives, energy, and creativity to solving societal challenges.

2

WHY

With a large and growing youth population in the Levant, empowering young leaders is critical to building a more inclusive, innovative, and sustainable future. Engaging young people ensures that they are not only beneficiaries of development efforts but also active agents of change, capable of driving social and economic progress in their communities.

3

HOW

Tabadol offers young social entrepreneurs financial resources, mentorship, and training to help them bring their ideas to life. By providing a platform for youth-led initiatives, the program amplifies their voices and equips them with the skills needed to lead projects that create tangible social impact. Many of Tabadol's projects focus on youth leadership in areas such as STEM education, entrepreneurship, and environmental sustainability.



TABADOL SUSTAINABILITY ARCHTYPES

A sustainable organisation can be defined by two main criteria:

The sustainability of its offering

- The delivery of transformative outcomes and creating change in the target communities by an organisation.
- The involvement of local communities or end users and the process of designing, developing, and delivering solutions also forms part of a sustainable offering.
- The carbon footprint of the operations and any environmental impacts account towards a sustainable offering.

The organizational and financial sustainability of the organisation

- The ability of the organisation to maintain its funding sources and revenue streams
- The ability to continuously attract and retain talent
- The capacity to develop its processes, channels, and offering

This section provides an overview of some of the most impactful case studies from Tabadol. It showcases how the collaboration between CSOs and social entrepreneurs has led to innovative, sustainable solutions for various societal challenges across the Levant region. Each project reflects the practical achievements and personal stories of those involved.

08.



OPERATIONS SUSTAINABILITY

through resource sharing,
long-term funding, or
outsourcing the expertise of
your team to generate
income.

PROGRAMMES SUSTAINABILITY

through working in
collaboration with partners,
income-generating activities,
sponsorship from the private
sector, or pro bono services.



SUSTAINABILITY ARCHTYPES

IMPACT SUSTAINABILITY

through the utilization of
giving forward schemes or
utilization of technology (i.e.
platforms, apps) to
continuously support people
with limited costs.



ENVIRONMENTAL SUSTAINABILITY

through making
programmes and operations
eco-friendly, utilizing
efficient lighting in the
office, reducing the use of
cars, papers, plastic waste, or
using recycled materials.



PEOPLE OF TABADOL: CHAMPIONS OF CHANGE



At the heart of Tabadol are the individuals who make it all happen—social entrepreneurs, CSO leaders, fellows, mentors, and partners. These changemakers are the driving force behind the innovative solutions created through Tabadol. Their passion, creativity, and dedication have been instrumental in making a lasting impact on their communities.



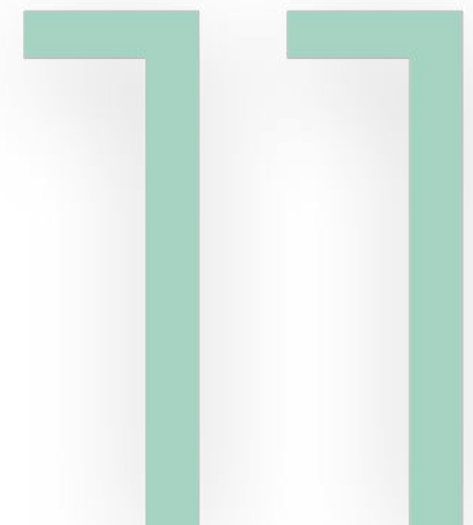
The fellows of Tabadol are emerging social entrepreneurs who are committed to solving pressing societal challenges. They bring fresh ideas, energy, and a strong sense of responsibility to their work, developing creative and sustainable solutions for a range of issues, from disability inclusion to technological innovation and environmental sustainability.

Each fellow has grown both personally and professionally through their participation in Tabadol. They've gained valuable leadership, problem-solving, and innovation skills, while also making a tangible difference in their communities.

My experience with Tabadol has been incredibly enriching and transformative. From the outset, Tabadol presented itself as more than just a fellowship program; it was a journey into the heart of community service and personal growth.

NOUR AL BIDEWI

FELLOWS



The leaders of the CSOs are deeply embedded in their communities and bring years of experience and expertise to the program. They have played a crucial role in guiding the fellows, sharing their knowledge, and ensuring that the solutions developed are relevant, practical, and sustainable.

These leaders are innovators in their own right, constantly seeking new ways to address societal issues and sustain the impact of their organizations. Their collaboration with the fellows has led to the cross-pollination of ideas, enhancing their ability to face emerging challenges with creativity and resilience.

CIVIL SOCIETY LEADERS

”

This opportunity was a win-to-win for Farah Social Foundation and the fellow. The collaboration resulted in kicking off a sustainable solution, the Nafas Space, a community center that supports the entrepreneurship ecosystem in Karantina in Lebanon.

”

FARAH SOCIAL FOUNDATION



12.

Behind the scenes, mentors and partners provide vital support and guidance. Mentors, with their wide-ranging experience, offer invaluable insights and advice, helping fellows navigate challenges and refine their solutions. Their role is essential in bridging the gap between theory and practice, ensuring that the innovations developed are both sustainable and scalable.

Partners such as Eedama and Makesense Lebanon have created the platform that allows these collaborations to flourish. Their commitment to fostering sustainable social impact across the Levant has been the backbone of the program, empowering organizations and individuals to turn their ideas into high-impact solutions.



After being introduced to Tabadol Program in 2022, it became clearer to me how we can benefit from the relationship between the CSOs and the fellows to ensure CSOs weave their way into their financial sustainability. Working on the financial sustainability of CSOs in our region, ensures the continuity of their social and environmental impact and addresses key challenges faced by these CSOs.

EEDAMA



During the one-to-one coaching sessions with the fellows, the makesense team listens to the latest updates on the Tabadol project. Coaches support fellows in defining and implementing the project roadmap, identifying opportunities and risks, and finding solutions to challenges met

met

MAKESENSE



In Tabadol's 2023 program, I provided several coaching sessions for 3 CSOs on M&E. Having a good M&E or quality control system in place is crucial for improving the CSOs' execution of activities and achievement of goals, as well as identifying best practices and setbacks; therefore, ultimately ensuring the CSO's sustainability impact.



EEDAMA

**MENTORS
AND
PARTNERS**

FEATURED CASES

Each of the featured cases highlights a unique collaboration between a CSO and a fellow entrepreneur. These stories demonstrate the real-world impact of Tabadol and the creative solutions that have emerged.

SOLUTIONS

Inclusive Art Sustainability - Art to Heart (A2H)

CSO: Art to Heart

Fellow: Fatima Amine

Talent Development Hub - Athar Association

CSO: Athar Association

Fellow: Houssam Alwan

Sustainable Democracy Initiatives - (CCSD)

CSO: CCSD

Fellow: Mahmoud Kanso

Pathways to Sustainable Growth - Farah Social Foundation (FSF)

CSO: Farah Social Foundation

Fellow: Abdelfattah Habchi

Future Makers Club - Creativity Club Karak (CCK)

CSO: Creativity Club Karak (CCK)

Fellow: Thelal Shamaileh

Inclusive Media for Sustainable Change - Irada

CSO: Irada

Fellow: Ahmad Alashkar

The Sustainable Lab - NAHNOO

CSO: NAHNOO

Fellow: Romy Berkashi

Bridging Cultures Online - Natakallam

CSO: Natakallam

Fellow: Yahya Al Sbih

Accessible Mental Health Initiative - Rahma Worldwide

CSO: Rahma Worldwide

Fellows: Mariam Alboushi and Mohammad Badia

Elder Engagement Platform - IDRAAC

CSO: IDRAAC

Fellow: Nour Al Bidewe

SOLUTION #1

Inclusive Art Sustainability - Art to Heart (A2H)

CSO: Art to Heart

Fellow: Fatima Amine

Art to Heart uses art and culture as a tool for social inclusion, particularly focusing on empowering people with disabilities (PWDs) and marginalized communities. Through workshops and collaborative art projects, A2H challenges stereotypes and promotes dialogue between PWDs and the broader community. With support from the Tabadol program, A2H developed an income-generating model by producing innovative items, such as memory games and coloring books, designed by PWDs. These products are in the pilot phase and aim to address both economic and social challenges faced by PWDs. The initiative also contributes to A2H's broader goal of fostering a more inclusive society while providing a sustainable revenue stream.

Athar Association provides a safe and supportive environment for youth, particularly women and girls in Zarqa, to develop their skills and talents. Houssam Alwan, a fellow in the Tabadol program, developed a prototype for a robotic hand to assist people with Parkinson's disease. Through collaboration with Athar, he was able to test the prototype and gain valuable user feedback. This partnership not only expanded Athar's services but also raised awareness about the needs of individuals with Parkinson's. The collaboration strengthened Athar's capacity in technology and innovation, ensuring the organization's sustainability while opening doors for new funding and partnerships.

SOLUTION #2

Talent Development Hub - Athar Association

CSO: Athar Association

Fellow: Houssam Alwan

SOLUTION #3

Sustainable Democracy Initiatives - Center for Civil Society and Democracy (CCSD)

CSO: CCSD

Fellow: Mahmoud Kanso

CCSD is committed to promoting human rights, peace, and justice through capacity-building programs and advocacy. As part of Tabadol, CCSD developed eco-friendly internal policies that promote environmental sustainability. These policies were shared with ten other organizations to replicate and adopt, amplifying the impact across communities. This knowledge transfer not only supports CCSD's mission but also ensures the sustainability of its environmental efforts through community-wide adoption.

FSF works to empower communities through poverty eradication, agricultural development, and youth empowerment. As part of Tabadol, FSF and fellow Abdelfattah Habchi developed a crowdfunding platform that connects small and medium-sized enterprises with investors and donors. This platform enables entrepreneurs to raise necessary funds for their business ideas, enhancing stakeholder engagement and offering a practical solution to the financial challenges faced by small businesses. This initiative aligns with FSF's mission to promote economic empowerment and sustainability.

SOLUTION #4

Pathways to Sustainable Growth - Farah Social Foundation (FSF)

CSO: Farah Social Foundation

Fellow: Abdelfattah Habchi

SOLUTION #5

Future Makers Club – Creativity Club Karak (CCK)

CSO: Creativity Club Karak (CCK)

Fellow: Thelal Shamaileh

CCK fosters creativity, innovation, and entrepreneurship in the fields of science, technology, arts, and renewable energy. Through Tabadol, Thelal Shamaileh launched the "Easy Kit Project," an initiative that engages students in robotics and technology through online learning and competitions. By simplifying complex concepts in robotics, this initiative nurtures innovation and creativity among youth. The project is designed to sustain CCK's activities while expanding its impact to reach more students in underserved communities.

SOLUTION #6

Inclusive Media for Sustainable Change - Irada

CSO: Irada

Fellow: Ahmad Alashkar

Irada is an independent media platform advocating for the rights of people with disabilities (PWDs) in Syria. Through Tabadol, Irada developed comprehensive content guidelines to ensure PWDs are included in media representations and decision-making processes. These guidelines are intended for media creators, healthcare providers, and human rights activists, promoting the inclusion of PWDs across various sectors. This initiative not only sustains Irada's impact but also diversifies its income streams, making the organization more self-reliant.

SOLUTION #7

The Sustainable Lab - NAHNOO

CSO: NAHNOO

Fellow: Romy Berkashi

NAHNOO promotes civic engagement and public policy reform through research and advocacy. In partnership with Tabadol, NAHNOO established "The Sustainable Lab," an upcycling and recycling initiative based in Bourj Hammoud. This project connects artisans and craftsmen with upcycling opportunities, transforming waste materials into marketable artworks. Through workshops and exhibitions, the project raises awareness about environmental sustainability while providing artisans with income-generating opportunities. The Sustainable Lab exemplifies NAHNOO's commitment to environmental, programmatic, and operational sustainability.

Natakallam provides language learning and translation services powered by refugees and individuals from conflict-affected areas. Fellow Yahya Al Sbih contributed to Natakallam by improving its cybersecurity practices, ensuring that both the organization and its beneficiaries are protected. This collaboration resulted in the creation of new internal policies and a cybersecurity roadmap for future growth. Additionally, Yahya received language training to enhance his English proficiency, demonstrating the mutual exchange of skills within the Tabadol program.

SOLUTION #8

Bridging Cultures Online - Natakallam

CSO: Natakallam

Fellow: Yahya Al Sbih

SOLUTION #9

Accessible Mental Health Initiative - Rahma
Worldwide

CSO: Rahma Worldwide

**Fellows: Mariam Alboushi and
Mohammad Badia**

Rahma Worldwide focuses on mental health and psychosocial support services. Through the Tabadol program, Mariam and Mohammad developed the "Psych Friends" online platform, which offers remote therapy services for individuals suffering from depression. Rahma Worldwide supported the testing and validation of the platform, ensuring its accessibility and effectiveness. This initiative addresses the gaps in mental health services and aims to provide sustainable, accessible care to individuals in need.

20.

IDRAAC advocates for mental health and provides community-based services across Lebanon. Through Tabadol, IDRAAC developed an elder engagement platform that promotes active participation of retirees through employment and volunteering opportunities. The platform enables elderly individuals to share their knowledge and experiences through training programs and webinars, while companies offer them new roles within their organizations. This initiative enhances the well-being of retirees by re-integrating them into the workforce and improving their mental health.

SOLUTION #10

Elder Engagement Platform – IDRAAC

CSO: IDRAAC

Fellow: Nour Al Bidewe

GEOGRAPHICAL IMPACT



TABADOL

Search

- PALESTINE
- SYRIA
- JORDAN
- LEBANON



ART TO
HEART

IRADA
CENTER FOR CIVIL SOCIETY
AND DEMOCRACY
RAHMA WORLDWIDE

ATHAR
CREATIVITY
CLUB KARAK

NAHNOO
FARAH SOCIAL FOUNDATION
IDRAAC
NATAKALLAM

21.



a partnership between

**make_sense
_lebanon**

مؤسسة الأصفري
The Asfari Foundation

with the support of

